



## *ANTIPASTI*

🍏🌿 CAPRESE  
Tomatoes | Mozzarella | Pesto | Balsamic Vinegar Reduction

🍏🌿🌿 OREGANO SALAD  
Greens | Marinated Artichokes | Eggplant Confit  
Balsamic Vinegar Vinaigrette

🦑 DEEP FRIED SQUID  
Breaded | Spicy Tomato Sauce

PASTA & VEGETABLES SOUP  
Chicken Broth | Tomatoes | Onion | Pasta | Gnocchi

## *FOCACCIAS*

BLACKENED CHICKEN  
Chicken Breast | Dijon Mustard Dressing | Greens

VEGETABLES  
Grilled Vegetable Medley | Spinach | Goat Cheese

## *PASTAS & RISOTTO*

### CAPPELLINI

Four Cheese Sauce



### SPICY RIGATONI AL AGLIO

Olives | Sun-Dried Tomatoes | Pepperoncini

### OVEN-BAKED LASAGNA

Bolognese Sauce | Mozzarella



### SCAMPI RISOTTO

White Wine | Shrimps | Tomatoes  
Grilled Peppers Sauce | Corn

## *DAL FORNO*

### MARGHERITA

Tomatoes | Mozzarella | Oregano

### OREGANO

Pear | Prosciutto | Blue Cheese

## *SECONDI*



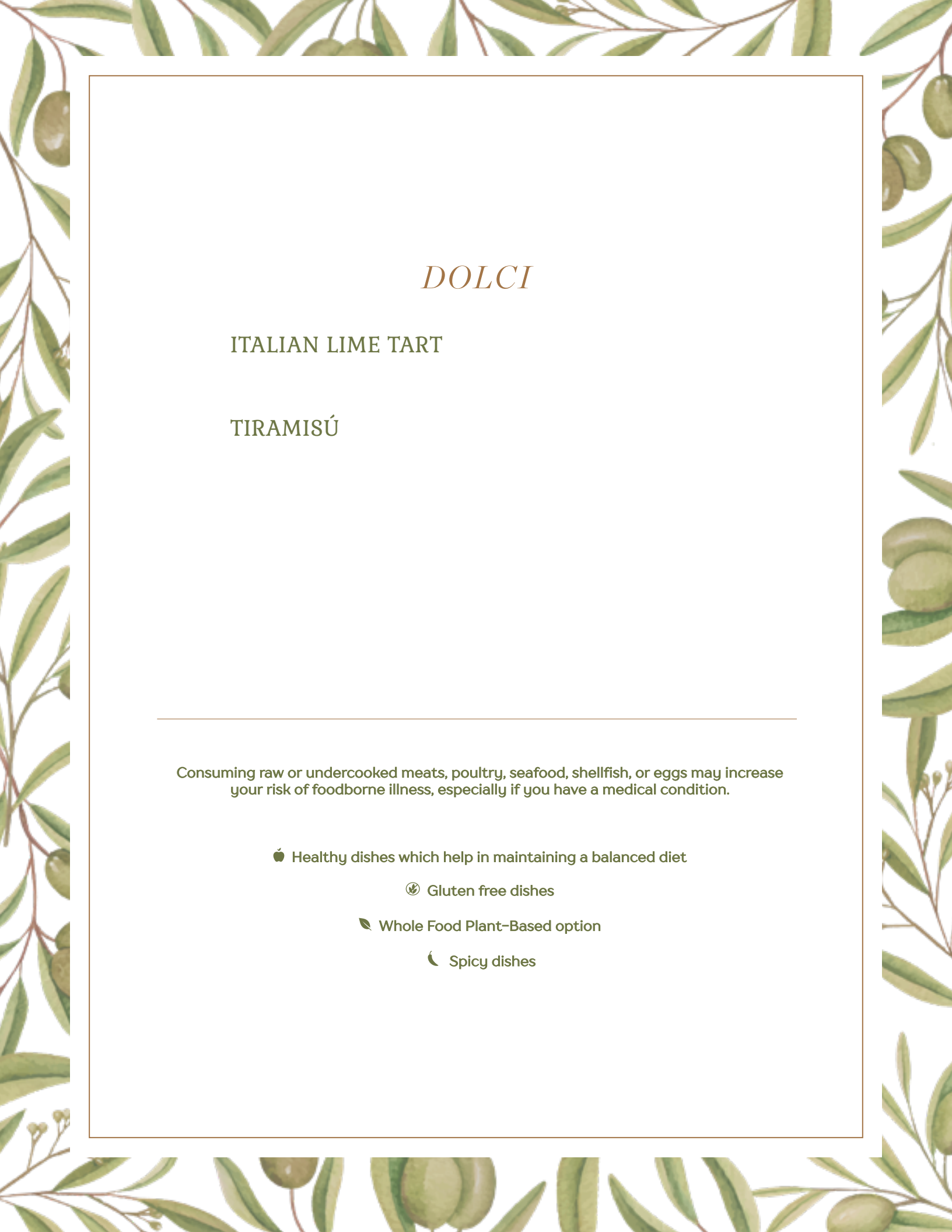
### CHICKEN BREAST AL LIMONE

Lime | Thyme



### MEDITERRANEAN SALMON

Capers | Mashed Potatoes | Garlic



## *DOLCI*

ITALIAN LIME TART

TIRAMISÚ

---

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

🍏 Healthy dishes which help in maintaining a balanced diet

🌾 Gluten free dishes

🌿 Whole Food Plant-Based option

🌶️ Spicy dishes



# WHOLE FOOD PLANT-BASED MENU

---

## *ANTIPASTI*



### CHICKPEA TOSTON

Cilantro-Garlic Cream



### HEALTHY HEART TACO SALAD

Mix of Mushrooms | Corn | Carrots | Tomatoes | Cabbage |  
Jicama | Guacamole | Sweet Potato Chips



### POWER SLAW

Cabbage Rolls filled with Red Cabbage | Broccoli | Apple |  
Sweet Potato | Quinoa | Almond Dressing

## *ZUPPA*

### MINT & AVOCADO SOUP

Chili Oil | Cucumber | Lemon | Apple Chips

## *SECONDI*

### 🍏🌿 CLASSIC BURGER

Grilled plant-based Patty | Cheddar Cheese | Lettuce |  
Tomato | Cucumber | Red Onion

### 🍏🌿 EGGPLANT PARMIGIANA SANDWICH

Crispy Eggplant | Homemade Marinara Sauce |  
Cheese Dip | Pesto

## *DOLCI*

### 🌿 CARROT CAKE

Spices | Yogurt Cream

---

🍏 Healthy dishes which help in maintaining a balanced diet

🌿 Whole Food Plant-Based option

🌾 Gluten free dishes



# EXCELLENCE

EL CARMEN, D.R.