

Flavor Market

"Montaditos" and "Cocas"

Russian salad "montadito"

- 🍏 "Escalibada montadito"
Slice of bread with baked bell pepper, onion and eggplant with olive oil salt and pepper

- 🍏 Red bell pepper and anchovies "montadito"

Manchego cheese "montadito"

"Montadito serranito"
(pork fillet, serrano ham, fried bell pepper, tomato and aioli)

- 🌙 🍏 Olives, green chili and pickled gherkins

- 🍏 Bread with tomato and virgin olive oil

"Coca" bread with Serrano ham

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Soups

- 🍏 "Gazpacho" shot with vegetables skewer

- 🍏 White garlic with paprika oil garlic chip

Tapas

Chicken and ham croquettes

Cod croquettes

"Andalusian" calamari cornet

- 🍷 Egg with French fries
- 🍷 Galician octopus
- 🍷 Grilled vegetables with romesco sauce
- 🌙 "Bravas" potatoes in tomato garlic sauce

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Mini Sandwiches

Veal "pepito" with piquillo chili pepper

"Cabrales" sirloin steak

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Tables

- 🍷 Cheese table
- 🍷 Cold cuts: garlic paprika sausage "chorizo", cured pork loin, cured pork sausage and cured ham
- 🍷 Spanish potato and onion tortilla with piquillo peppers
- 🍷 Paprika pork loin with "escalibado" bellpeppers

Pots

- ☾ Meatballs with tomato sauce and chili
- Andalucian pot (prawn, mussels and mushrooms)
- Garlic prawns
- Mixed Paella

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Desserts

- 🥛 Caramelized "Catalan" custard cream
- 🥛🌿 Cream caramel with an orange touch
- 🥛🌿 Rice pudding
- 🥛🍏 Sponge cake with fresh cheese and red fruits

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🍏 These are healthy dishes which help in maintaining a balanced diet

🌿 These are gluten free dishes

☾ These are spicy dishes

🥛 This dish contains dairy and / or milk

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

WHOLE FOOD PLANT-BASED MENU

"Montaditos" and "Cocas"

- 🌿 🍏 "Escalibada montadito"
Slice of bread with baked bell pepper, onion and eggplant with olive oil, salt and pepper
- 🥚 Manchego cheese "montadito"
- 🌿 🍏 Bread with tomato and virgin olive oil

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Tapas

- 🥚 🌿 🍏 Egg with French fries
- 🌿 🍏 Grilled vegetables with romesco sauce
- 🌿 🍏 🌙 "Bravas" potatoes in tomato garlic sauce

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Soup

- 🌿 🍏 "Gazpacho" shot with vegetable skewer

Main Courses

Rice with vegetables and dried tomatoes
romesco sauce

Soggy rice with chickpeas, "escalibada" vegetables
and extra virgin olive oil

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Tables

- 🥛🌱 Cheese table
 - 🥛🌱 Spanish potato and onion tortilla with
piquillo peppers
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a balanced diet

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🌿 Whole Food Plant-Based option

DISHES WITH CHEESE MADE WITH ANIMAL MILK WILL BE REPLACE
BY A VEGETAL ORIGIN CHEESE



EXCELLENCE

EL CARMEN, D.R.