## [Appetizers]

-(8) Shrimp "aguachile"

- With cucumber, coriander, lemon juice and corn chips
© Octopus "tostada"
With parsley, red onion, avocado and chipotle dressing
-     -         -             -                 -                     -                         -                             -                                 -                                     - 

"Excellence" nachos
Chili beans, cheddar cheese, Mexican sauce, pickled onions
and sour cream

-     -         -             -                 -                     -                         -                             -                                 -                                     - 

Crab rolls
With sweet and sour sauce

## [Salads]

- Green salad

With caramelized walnuts, raisins, wild berries sauce and white cheese

- Quinoa salad

With turkey chunks, dried fruits and zucchini, served with lime vinaigrette



## [Soups and creams]

Tomato cream
Rosemary dried tomato cream with focaccia croutons
in extra virgin olive oil

Fish soup
with alioli sauce and toasts

## [Main Courses]

- ( Mahi-mahi

Skewer with rice pilaf, buttered vegetables and preserved-lime mayonnaise

Fish and chips
(4) Flank steak

With shrimp skewer and garlic butter

Roasted chicken quesadilla


## [Pasta and Rice]

©. Shrimp, chicken and sausage Jambalaya

Fettuccine with salmon and creamy coriander sauce
Gluten free pasta available

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes help in maintaining a balanced diet
- This dish contains dairy and/or eggs
(4)These are gluten-free dishes
( These are spicy dishes
- Whole Food Plant-Based option


## [Desserts]

- Lime cake

With mango sauce

- Oreo cheesecake
$\qquad$
- Caramel custard
- Homemade ice cream sampler
© Tropical fruit platter
With blueberry sauce
- These are healthy dishes help in maintaining a balanced diet
- This dish contains dairy and/or eggs
© These are gluten-free dishes
- Whole Food Plant-Based option


## $\left[\begin{array}{c}\text { WHOLE PLANT FOOD BASE } \\ \text { MENU }\end{array}\right]$

## [Appetizers]

© Avocado "tostada"<br>(b) With parsley, red onion and chipotle chili dressing

-0. "Excellence" nachos
Beans, cheddar cheese, Mexican sauce, pickled onions and sour cream
[Salads]

- Green salad
(6) With caramelized walnuts, raisins, wild berries sauce and white cheese
- Quinoa salad
(6) With dried fruits and zucchini, served with lime vinaigrette


## [Cream]

© Rosemary dried tomato cream with focaccia croutons in extra virgin olive oil
[Pasta]

- Fettuccine with creamy coriander sauce and vegetable meli melo

Gluten free pasta available

## [Main courses]

## * Club sandwich

Fried egg, lettuce, tomato, cheddar cheese and light cheese sauce


Sautéed vegetables wrap
With curry sauce, raisins and grilled apples

- _ - - _ - - - - - -

Sweet corn quesadilla
Black beans, bell peppers and Mozzarella cheese

- These are healthy dishes help in maintaining a balanced diet
- This dish contains dairy and/or eggs
(3) These are gluten-free dishes
- Whole Food Plant-Based option


EL CARMEN, D.R.

