

## APPETIZERS

(B) Salad of greens, lettuce, blue cheese and figs, balsamic vinegar dressing<br>Foie gras with candied pear layers, a touch of spices, toasted brioche

Thinly sliced homemade marinated gravlax salmon infused with dill honey, sprouts salad and wheat bread toast

Calamari and cabbage spring rolls sautéed with low sodium soy sauce

## SOUPS

Fish and shrimp soup with scents of Provence, paprika rouille
(14) Cauliflower velouté soup with diced chicken breast, leek, crispy bacon, topped with turmeric foam

## FRESH PASTA AND RICE

Agnolotti filled of ham "au jus", on a bed of candied leeks
(1) Saffron and shrimp Arborio rice risotto, steamed asparagus with infusion of lime olive oil

* Gluten free pasta available *


## MAIN COURSES

(6) Grilled salmon filet filled with blue cheese and zucchini, served with rice Pilaf

Steamed white fish filet in Martini Rosso reduction, grapefruit gastrique and buttered pumpkin puree

Grilled scallops, Genovese red bell peppers, roasted eggplant caviar

Grilled spiny lobster Thermidor, turf of grilled beef tenderloin with sautéed mushrooms and veggies

## MAIN COURSES

45 oz Tomahawk beef cut, corn on the cob with butter, chimichurri and red wine demi-glace sauce

## Slow cooker beer-braised beef ribs served with fork mashed potatoes, olive oil, chives and onion

(*) Twelve hours marinated Rib eye on the grill seasoned with aromatic herbs, onion compote with balsamic vinegar, garnished with gratin Dauphinois

Cylinder-shaped lamb roasted with Rosemary jus, Provençal style vegetables

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

These are healthy dishes which help in maintaining a balanced diet
(b) These are gluten free dishes

0 This dish contains dairy and/or milk
Q Whole Food Plant-Based option

## DESSERTS

## O Frozen lime soufflé and limoncello, transparency of Grappa and crunchy pine nuts

- Bitter chocolate macaroon, milk chocolate mousse dumpling, toasted ground almonds and cocoa syrup

0 Pistachio genoise with a smooth black cherry mousse, chocolate ice-cream
(8) Ask for today's ice-creams and sherbets

0 Molten chocolate cake with red fruit, raspberry sherbet

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# Whole Food Plant-Based Menu 

## APPETIZERS

(3) Variety of lettuce salad with celery, apple, lime jelly and coriander cream
(8)0 Cabbage, carrot and mushroom spring rolls sautéed with low sodium soy sauce

## SOUP

(8) Cauliflower and leek velouté soup, crispy bread topped with turmeric foam

## MAIN COURSES

## (3) 0 Polenta layers and vegetables with eggplant caviar and blue cheese

## O Lasagna with grilled vegetables, herb juice and balsamic vinegar reduction

## (b) 0 Arborio rice risotto, complemented with truffle scented oil simmered caramelized carrots, finished with puréed peas and Parmesan cheese emulsion

[^0]EL CARMEN, D.R.


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