

CONTINENTAL BREAKFAST

◆ ● Fresh fruit juices: orange, pineapple, grapefruit, melon, watermelon and tomato with spices

Bread basket: white baguette bread, cereal bread, toasts, butter and marmalade

Danish bread basket and sweet rolls: mini butter croissant, mini cream croissant, mini chocolate croissant and mini chocolate cake

★ Yogurt: strawberry, fruit of the day or natural

AMERICAN BREAKFAST

- **★** Fresh fruit juices: orange, pineapple, grapefruit, melon, watermelon and tomato with spices

Bread basket: white baguette bread, cereal bread, toasts bread, butter and jam

Pancakes with chocolate or strawberry sauce

Or

Eggs of your choice (fried, scrambled or omelette) with the filling and garnish of your choice: onion, ham, bacon, cheese, bell peppers, tomato and mushrooms

A LA CARTE

FRESH FRUIT JUICES

- Orange, pineapple, grapefruit, melon, watermelon and tomato with spices
- **★ W** Vegetable vitamins (carrot, tomato and celery)
- **★ W** Vitamin C (carrot, orange and lime)

FRESH FRUIT

Š Seasonal fruit platter

PASTRY

Danish bread basket and sweet rolls: mini butter croissant, mini cream croissant, mini chocolate bread and mini chocolate cake

BAKERY

Bread basket: white baguette bread, cereal bread, toasts, butter and jam

[•] Son platillos saludables que ayudan a manterner una dieta equilibrada

PANCAKES & WAFFLES

Pancakes with chocolate or strawberry sauce

Pancakes with banana, peanut butter, Chantilly and topped with caramel

Baked apple filled crêpes, cinnamon sauce

Waffles with maple syrup and crispy bacon

CEREALS

All-Bran, Choco Krispies, Frosted Flakes, Granola, Corn Flakes, Bran Flakes, Special K or müesli with nuts and dried fruit

YOGURT

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

- These are healthy dishes which help in mantaining balanced diet
- **◈**These are gluten free dishes
- This dish contains dairy and/or milk
- Whole Food Plant-Based option

EGG MENU

Eggs as desired (fried, scrambled or omelette) with the garnish of your choice: onion, ham, bacon, cheese, peppers, tomato, mushrooms, sausage, chorizo and pork loin

Poached eggs on wheat meal toast, spinach and glazed with Hollandaise sauce

Hardboiled egg wrapped in bacon with "au gratin" light Swiss Mornay cheese sauce

"RANCHERO" STYLE EGGS

Two fried eggs on fresh corn tortilla with "ranchera" sauce accompanied with refried beans

GREEN "ENCHILADAS"

Corn tortilla stuffed with chicken or fresh cheese with green sauce or "ranchera" sauce "au gratin" and accompanied with cream

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